

Fed up with heavy menstrual bleeding due to fibroids?

Hysterectomy is **NOT** the only answer.

Now there is an **INCISION-FREE** fibroid treatment option

If you are one of the millions of women with uterine fibroids, you know they can cause heavy menstrual bleeding and long, uncomfortable periods.

Many women are told that hysterectomy (surgically removing the whole uterus) is the only option, **but now there's an INCISION-FREE alternative that is changing women's lives.**



FIBROID facts:

What are UTERINE FIBROIDS?

- Fibroids are benign growths in or around the uterus, ranging in size from a grape to a grapefruit.

What are the SYMPTOMS?

- Fibroids may cause heavy menstrual bleeding and periods that last for weeks instead of days.
- Women may feel pain or pressure in the abdomen and symptoms can worsen over time.

Do you suffer from **HEAVY MENSTRUAL BLEEDING?**

If you answer **"Yes"** to these questions, Sonata may be the right choice for you!

- ✓ Do your periods last longer than 7 days?
- ✓ Do you change your pad or tampon every 2-3 hours?
- ✓ Do you wake up throughout the night to avoid staining your bedding?
- ✓ Do your heavy periods interfere with your daily activities or work?
- ✓ Has your doctor talked to you about fibroids?

Consult with your doctor to compare your options and determine your treatment plan.

Women deserve an
INCISION-FREE option

Sonata[®]
Treatment

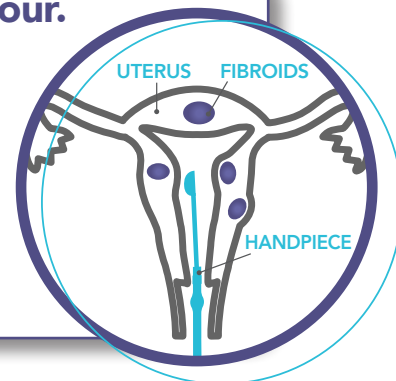
How does the **SONATA TREATMENT** work?



This outpatient procedure usually takes less than one hour.

- The doctor passes the Sonata Treatment handpiece through the vagina and into the uterus.
- Ultrasound waves from the tip are used to locate the fibroid.
- The Sonata Treatment handpiece delivers radiofrequency energy to shrink the fibroid over time and reduce symptoms.

CLINICALLY PROVEN to be safe & effective



What patients are saying about the **SONATA TREATMENT**

In a clinical study¹, women reported the following results 12 months after their Sonata Treatment:

50%

returned
to **normal
activity the
next day***



*average 2.2 days

95%

had a
**reduction in
menstrual
bleeding**



97%

**would
recommend
the Sonata
Treatment
to a
friend**



"My life is much better than
before the Sonata Treatment."

- Monica*



"I would tell a woman thinking about
Sonata that you want to try this."

- Marcela*



"I'm living the life I always wanted to live
without even thinking about my period."

- Jackie*

*Interviewed 4 years post treatment

Ask your doctor if the **SONATA TREATMENT** is right for you!

To learn more about the Sonata Treatment
visit sonatatreatment.com

1. Chudnoff S, Guido R, Roy K et al. Ultrasound-Guided Transcervical Ablation of Uterine Leiomyomas. *Obstet Gynecol.* 2019;13-22.

The Sonata® System is intended for diagnostic intrauterine imaging and transcervical treatment of symptomatic uterine fibroids, including those associated with heavy menstrual bleeding. For Indication and Safety Information, or to learn more about the Sonata Treatment, visit www.sonata.treatment.com.

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